## Walk the Labyrinth

Monday, March 30, 2015 --- 9-11 am, 2-4 pm & 5-7 pm Tuesday, March 31, 2015 --- 9-11 am, 2-4 pm & 5-7 pm Wednesday, April 1, 2015 --- 9-11 am, 2-4 pm, & 5-7 pm

Holy Week begins on Palm Sunday, March 29, 2015, and for the three days following, we offer you an opportunity to break away from the private pressures that swirl about us—even if only for an hour. Walk the Labyrinth. Be—At One—with the God who still cares for us.

Join us for a time of Labyrinth Meditation: Monday, Tuesday, and Wednesday, March 30, 2015—April 1, 2015, between 9-11 am, 2-4 pm & 5-7 pm. Bring your own private con-cerns, put your mind in neutral and let God's Spirit guide you.

Experienced walkers will be present to offer suggestions and to answer questions. Come prepared to walk the canvas in socks/stocking feet. For more in-formation or to help, contact Josh Lundgaard, josh.lundgaard@gmail.com.

There is no charge and no reservations are needed. See you there as we lay the groundwork of faith for Easter. You may also invite your friends to walk the Labyrinth.

